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A scientist who spent 45 years of his life as researcher in the French Center for Scientific Research (CNRS). This long practice of the scientific approach, instead of ossifying my mind patterns, prompted me towards nonconventional attitudes. I explain it, perhaps in a somewhat over-confident way, by my belief that I would be able to spot the limit between a reasonably coherent unconventional statement and a delirious one. From the very beginning of the Seventies, I joined these who engaged in ecology and the alternative medicines. I must say that, very soon, the facts showed me that the attitude of the scientists at this time, i.e. their unfaltering support to the existing system of thought, was perfectly opposed to what Science teaches, or should teach us.

I then started various attempts at joining some out-of-science trends of thought but, to put it nicely, they did not really convince me. When, however, I discovered Shiatsu, and later Shamanism and Northern Germanic mythology together with the mythology of the runes, I did not hesitate to part from scientific rationality in order to explore these fields relying on a less visible and more sensitive view of the world. They do have their own logic, one based on premises different from the official scientific thinking.

This led me to live various experiments to the limit of, and even beyond, rationality though without ever using another type of 'drug' than meditation, dancing and singing. On its part, my scientific set-up prevented me from believing one of the existing and contradictory theories associated to the obviously 'irrational' myths that were inspiring me. Instead, all this made it mandatory for me to associate my personal life experiences with a stubborn study of the texts containing the original sources of these myths.

References: <http://www.nordic-life.org/nmh/ShortVita.htm>