

# Evaluation of the microbiome and inflammatory status in type 2 diabetes patients after COVID-19

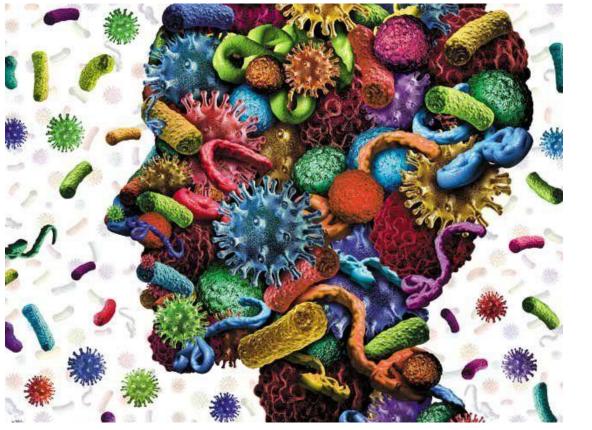
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The power of the microbiome

## Immunity

## Metabolism

## Digestion



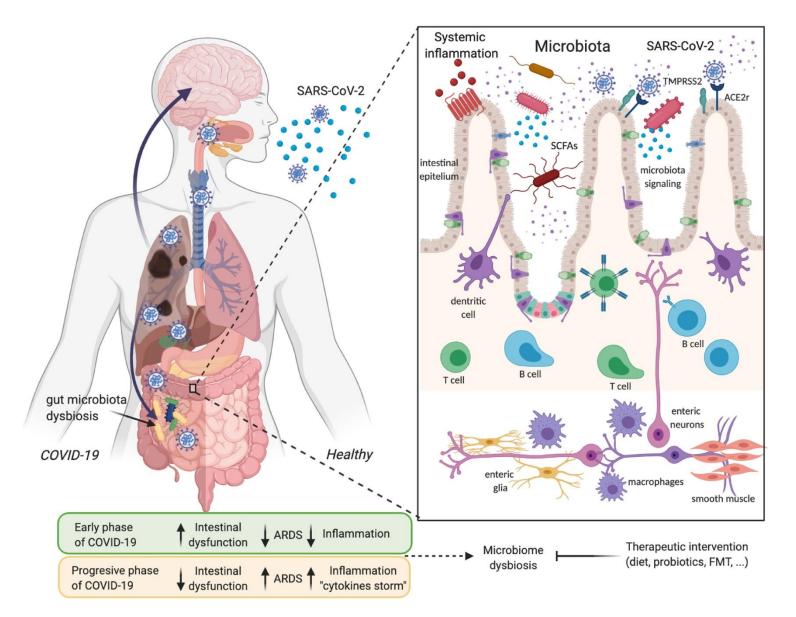
## **Behaviour**

# Infection

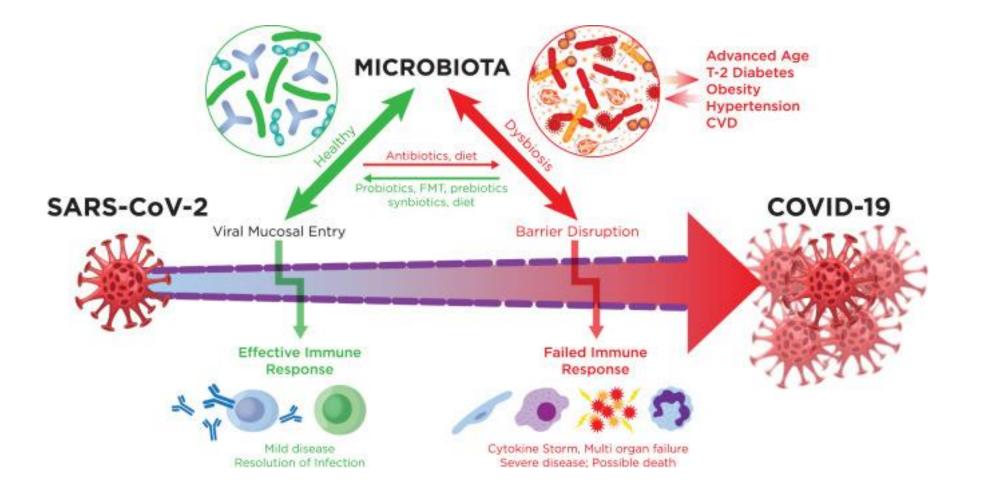
## Health

# A role in COVID-19 severity?

# **The lung-gut axis in COVID-19**



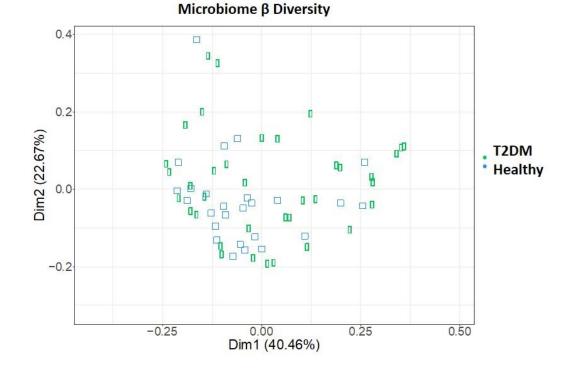
### **Microbiome importance in COVID-19**



#### **Rationale of the study**

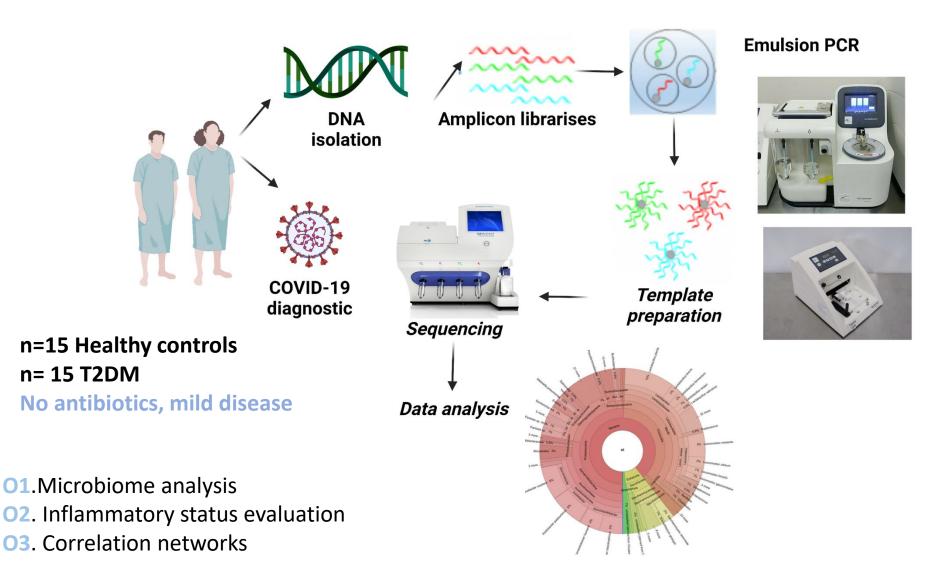
- Not only are SARS-CoV2 infection outcomes more severe in people with diabetes, but also it was suggested that COVID-19 could exacerbate the acute metabolic complications of diabetes, including hyperglycaemia and ketoacidosis.
- The need to understand how gut microbes are involved in inflammation and COVID-19, particularly in susceptible hosts



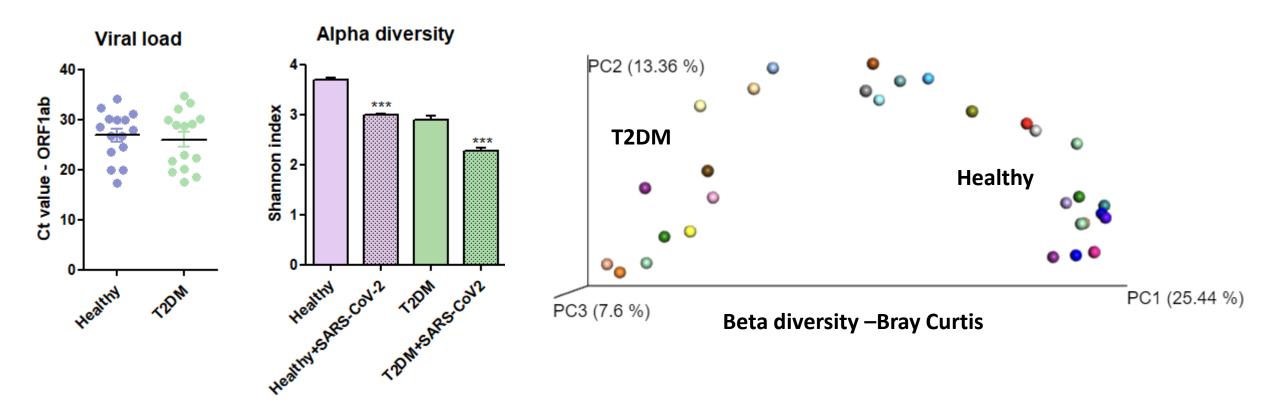


Pre-pandemic data – Microbiome in T2DM

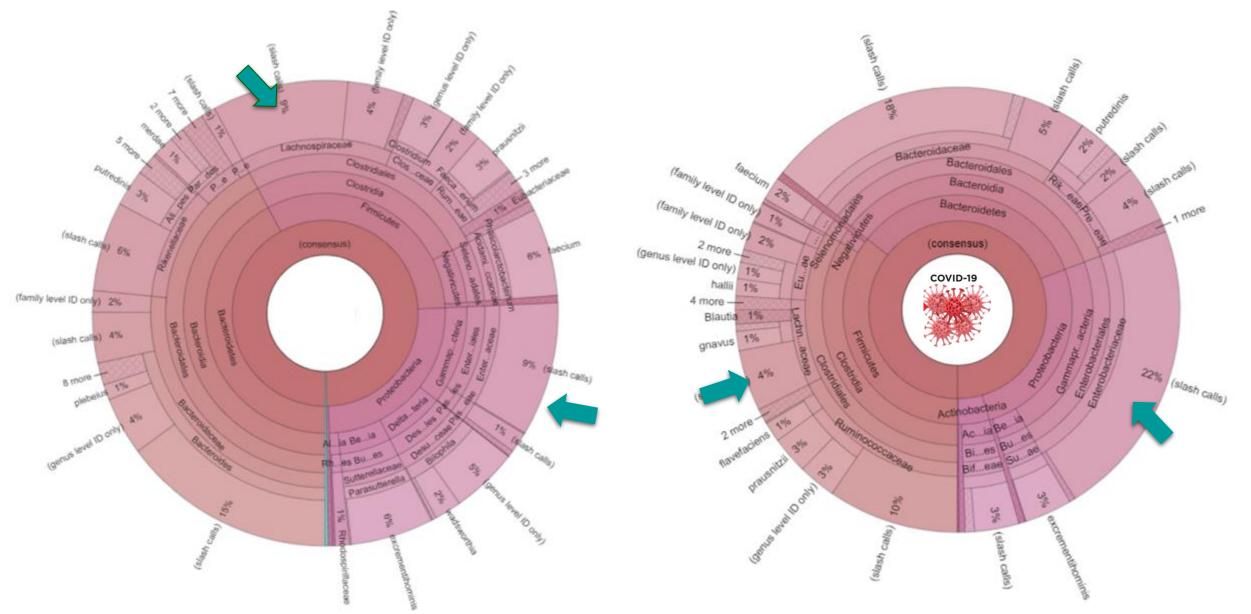
## Workflow-Microbiome analysis after Covid-19



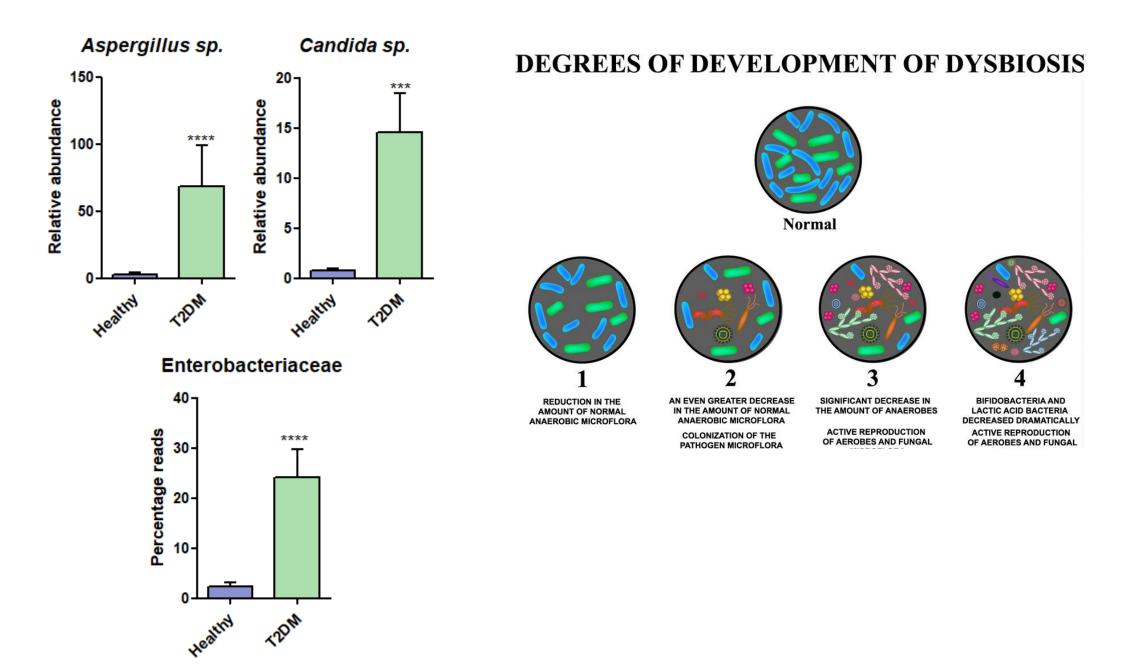
#### **SARS-CoV-2** infection triggers microbiome changes



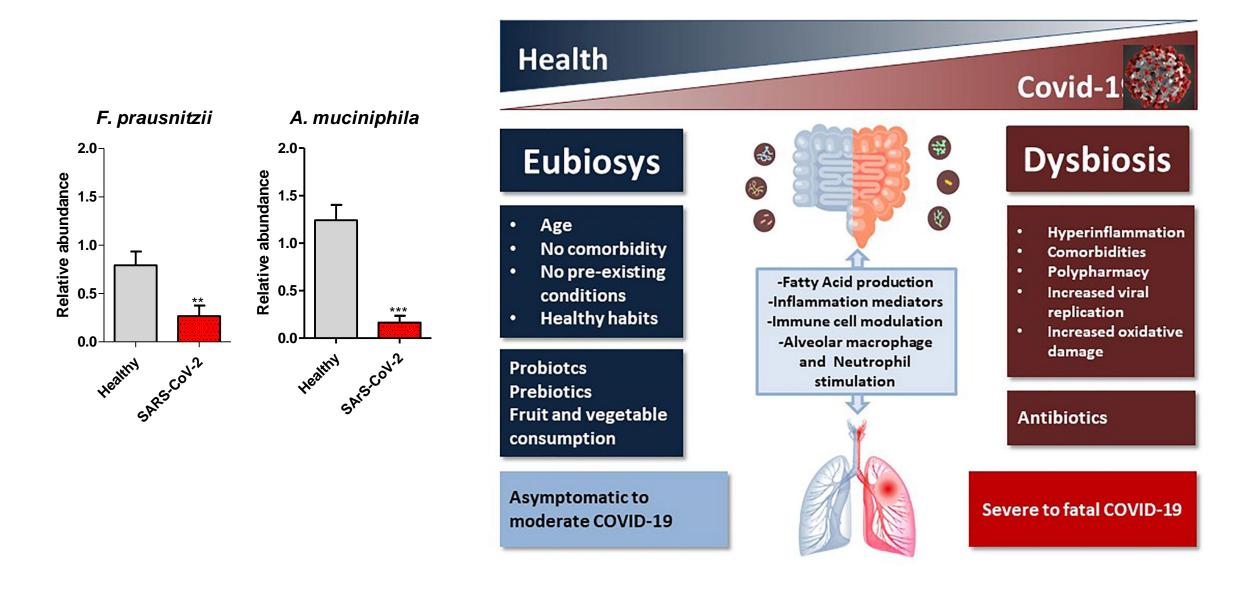
COVID-19 leads to increased abundance of Enterobacteriaceae in T2DM patients



#### **COVID-19 leads to dysbiosis in T2DM patients**

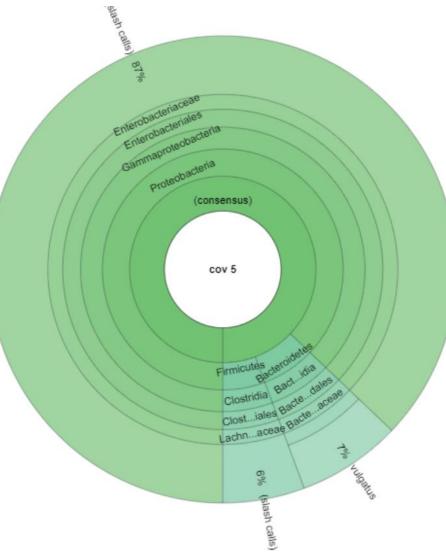


#### Severe or mild/moderate COVID-19 microbiome patterns



#### Severe COVID-19 microbiome patterns



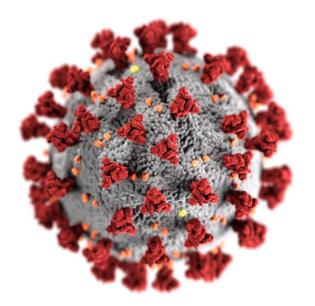


# **Conclusions**





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Following infection, COVID-19 T2DM patients harbour

- significantly reduced richness and diversity of gut microbiota
- a significantly higher abundance of opportunistic pathogens (Enterobacteriaceae, Candida sp.)

Mild disease- low butyrate producing and beneficial taxa Severe disease- blooming of Enterobacteriaceae, loss of diversity Targeting the microbiota –improved patient outcome

This research was funded by UEFISCDI, project ID PN-III-P1-1.1-PD-2019-0499, grant number 224/2021 and AOSR Teams project number 288/20.02.2022.